

Alisal Summer Guide

June 2nd – September 3rd, 2017



1054 Alisal Road, Solvang, CA 93463

Phone: (805) 688-6411 Toll Free: (800) 4-ALISAL

Fax: (805) 688-2510 Email: reservations@alisal.com

Website: www.alisal.com

Table of Contents

Daily Recreation Schedule	1
Sunday	1
Monday	2
Tuesday	3
Wednesday	4
Thursday	5
Friday	6
Saturday	7
Food & Beverage	8
Children's Activities	12
Family Activities	15
Teen Activities	17
Fitness Center	18
Spa	19
Ropes Course	20
Guided Biking	21
Lake	23
Fishing	24
Air Rifles/Archery	25
Golf	
Ranch Course	26
River Course	27
Tennis	28
Pool	29
Barn	30

DAILY RECREATION SCHEDULE

All activities are subject to change.

Please check the "Ranch Daily" for updates.

Sunday

7:00-10:00 a.m. – Breakfast

9:00-11:00 a.m. – Air Rifles

9:30 a.m. – Group Trail Rides

9:30 a.m.-5:30 p.m. – Arts and Crafts

11:00 a.m.– 1:00 p.m. – Archery

1:00-3:00 p.m. – Archery

1:30 –4:00 p.m. – Saddle to Paddle

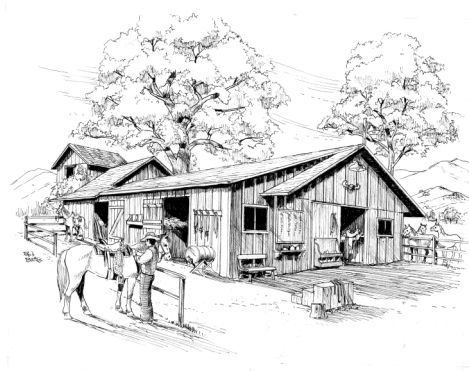
2:00 p.m. – Group Trail Rides

6:00-8:30 p.m. – Kiddie Korral

6:00-8:30 p.m. – “Sundae” Night at the Movies

8:30 p.m. – Storyteller

8:45-11:30 p.m. – Teen Off-Property Movie



Daily Recreation Schedule

Monday

7:00-10:00 a.m. – Breakfast

7:45 a.m. – Kid's Instructional Trail Ride

8:00-10:00 a.m. – Guided Nature Walk

9:00-11:00 a.m. – Air Rifles

9:00—11:30 a.m.— Alisal Round Up Experience*

9:30 a.m. – Group Trail Rides

9:30 a.m.-5:30 p.m. – Arts and Crafts

10:00 and 10:30 a.m. – Kid's Corral Riding Lessons

11:30 a.m. -1:00 p.m. – Creative Beading

11:00 a.m.-1:00 p.m. – Archery

1:00-3:00 p.m. – Archery

2:00 p.m. – Group Trail Rides

4:00—5:00 p.m. – Adult Group Tennis Lesson

5:30-7:00 p.m. – Guided Mountain Biking

The Lake Loop trail is for the beginner/intermediate level and covers 5 miles.

6:00 p.m. – Lake BBQ

6:00-9:00 p.m. – Dinner

9:00 p.m. – Family Bingo

9:00-11:00 p.m. – Teen Late Night Hang-Out

*Alisal Round Up Experience starts in July 2017

Daily Recreation Schedule

Tuesday

7:00-10:00 a.m. – Breakfast

7:30 a.m. – Breakfast Ride to the Adobe

8:45 a.m. – Hay Wagon to the Adobe

9:15 a.m.-1:15 p.m. – High Challenge Ropes Course

9:30 a.m.-5:30 p.m. – Arts and Crafts

10:30 a.m. – Critter Cart

11:00 a.m.-1:00 p.m. – Archery

11:30 a.m.-1:00 p.m. – Tie Dye Madness

1:00-3:00 p.m. – Archery

1:00-4:00 p.m. – Lil' Wrangler Club Nature Wonders & Science

2:00 p.m. – Group Trail Rides

3:00-5:00 p.m. – Air Rifles

4:00-4:30 p.m. – Pee Wee Tennis Lessons

8:00 –11:30 a.m. – Guided Road Ride*

***The Ballard Canyon** route is for the intermediate level riders and covers approximately 20 miles.

4:30-5:00 p.m. – Children's Tennis Lessons

5:00 p.m. – Evening Group Trail Ride

5:30– 6:30 p.m. – Taste of the Valley

6:00-8:30 p.m. – Kiddie Korral

6:00-8:30 p.m. – Nature Night at the Adobe

6:00-9:00 p.m. – Dinner

8:30 p.m. – How to Survive in the Wilderness

8:30-11:00 p.m. – Teen Late Night Hang-Out

Daily Recreation Schedule

Wednesday

7:00-10:00 a.m. – Breakfast

7:45 a.m. – Kid's Instructional Trail Ride

8:00-10:00 a.m. – Guided Nature Walk

8:00-11:30 a.m. – Guided Mountain Biking

The Copass Ridge route is for the intermediate/advanced level and covers approximately 10 miles.

9:00-11:00 a.m. – Air Rifles

9:00—11:30 a.m.— Alisal Round Up Experience*

9:15 a.m.-1:15 p.m.– High Challenge Ropes Course

9:30 a.m. – Group Trail Rides

9:30 a.m.- 4:30 p.m. – Arts and Crafts

10:00 and 10:30 a.m.. – Kid's Corral Riding Lessons

4:00—5:00 p.m. – Adult Group Tennis Lesson

11:00 a.m. –1:00 p.m. – Archery

11:30 a.m. -1:00 p.m. – Candle Making

1:00-3:00 p.m. – Archery

2:00 p.m. – Group Trail Rides

5:00 p.m. – Alisal Country Fair and Rodeo

6:30 p.m. – Rodeo BBQ

6:30-9:00 p.m. – Dinner

8:30 p.m. – Musical Chairs/Country Dancing

8:45-11:30 p.m. – Teen Off-Property Movie

*Alisal Round Up Experience starts in July 2017

Daily Recreation Schedule

Thursday

7:00-10:00 a.m. – Breakfast

7:30 a.m. – Breakfast Ride to the Adobe

8:45 a.m. – Hay Wagon to the Adobe

8:00 – 11:30 a.m.—Guided Road Ride*

* The **Foxen Canyon** route is for the intermediate level riders and covers 30-50 miles.

9:30 a.m.-5:30 p.m. – Arts and Crafts

11:00 a.m. –1:00 p.m. – Archery

11:30 a.m.-1:00 p.m. – Tie Dye Madness

1:00-3:00 p.m. – Archery

1:00-4:00 p.m. – Lil' Wrangler Club Wacky Water Ways

1:30 –4:00 p.m. – Saddle to Paddle

2:00 p.m. – Group Trail Rides

3:00-5:00 p.m. – Air Rifles

4:00-4:30 p.m. – Pee Wee Tennis Lessons

4:30-5:00 p.m. – Children's Tennis Lessons

5:00 p.m. – Evening Group Trail Ride

5:30– 6:30 p.m. – Taste of the Valley

6:00-8:30 p.m. – Kiddie Korral

6:00-8:30 p.m. – Pool Bash

6:00-8:30 p.m. – Teen Lake BBQ

6:00-9:00 p.m. – Dinner

8:00-10:00 p.m. – Movie Under the Stars

8:30-10:30 p.m. – Teen Late Night at the Lake

Daily Recreation Schedule

Friday

7:00-10:00 a.m. – Breakfast
7:45 a.m. – Kid's Instructional Trail Ride
8:00 a.m.-10:00 a.m. – Guided Nature Walk
8:00-11:30 a.m. – Guided Mountain Biking
The Copass Ridge route is for the intermediate/
advanced level and covers approximately 10 miles.
9:00-11:00 a.m. – Air Rifles
9:00—11:30 a.m.— Alisal Round Up Experience*
9:15 a.m.-1:15 p.m. – High Challenge Ropes Course
9:30 a.m. – Group Trail Rides
9:30 a.m.- 5:30 p.m. – Arts and Crafts
10:00 and 10:30 a.m. – Kid's Corral Riding Lessons
11:00 a.m.-1:00 p.m. – Archery
11:30 a.m. -1:00 p.m. – Creative Beading
1:00 -3:00 p.m. – Archery
2:00 p.m. – Group Trail Rides
5:30– 6:30 p.m. – Taste of the Valley
6:00-8:30 p.m. – Kiddie Korral
6:00-8:30 p.m. – TGINPF Lake Night and Cookout
6:00-9:00 p.m. – Dinner
9:00 p.m. – Family Bingo
8:45-11:30 p.m. – Teen Off-Property Movie

*Alisal Round Up Experience starts in July 2017

Daily Recreation Schedule

Saturday

7:00-10:00 a.m. – Breakfast

7:30 a.m. – Breakfast Ride to the Adobe

8:45 a.m. – Hay Wagon to the Adobe

9:30 a.m.-5:30 p.m. – Arts and Crafts

11:00 a.m.-1:00 p.m. – Archery

11:30 a.m. -1:00 p.m. – Candle Making

1:00 –3:00 p.m. – Archery

2:00 p.m. – Group Trail Rides

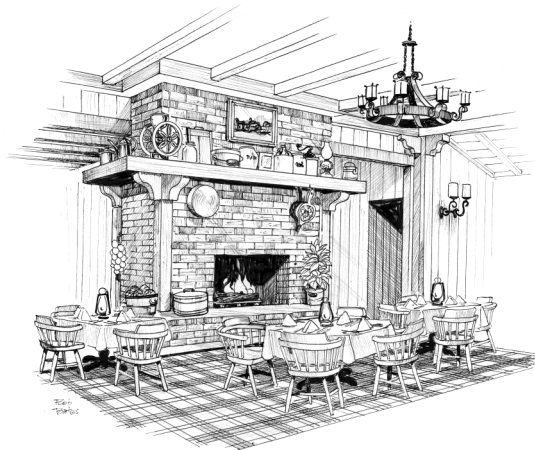
3:00-5:00 p.m. – Air Rifles

5:00 p.m. – Evening Group Trail Ride

6:00 p.m. – All-Ranch Poolside BBQ

8:30 p.m. – Karaoke/D.J.

9:00-11:00 p.m. – Teen Late Night Hang-Out



FOOD & BEVERAGE SERVICES

Breakfast

Served in the Ranch Room from 7:00-10:00 a.m. Buffet and a la carte selections are available.

Breakfast Ride

Enjoy a bountiful ranch-style buffet breakfast at our historic Adobe Camp, complete with campfire, cowboy singing and the best buttermilk pancakes you'll ever taste. Those of you who have pre-registered for horses should be at the Barn at the following times:

Novice Riders	7:30 a.m.
Intermediate Riders	7:45 a.m.
Advanced Riders	8:00 a.m.

Those of you hitching a ride on the hay wagon should meet in the parking lot near the corrals by 8:45 a.m. A local professional photographer will be available at the Adobe if you would like a keepsake photo. The photo will be available for purchase outside the Cottonwood Room between 12:30 p.m. and 1:30 p.m. that same day.

Lunch

The Chuckwagon Grill is open from 11:30 a.m. to 3:30 p.m. The Ranch Grill at the Ranch Golf Course is open daily for lunch from 11:00 a.m. to 3:00 p.m. The River Grill at the River Golf Course also serves lunch from 11:00 a.m. to 3:00 p.m.

Box Lunches

To place orders for box lunches or picnic baskets, contact your breakfast host or call the Food & Beverage office at ext. 133. You can also order a box lunch on the General Store order form located in your room.

Food & Beverage Service

Dinner

The Ranch Room and the Sycamore Room are open for dinner from 6:00 p.m. to 9:00 p.m. Reservations are recommended for groups of eight or more people. Families and guests with small children are encouraged to have dinner earlier in the evening as our peak service hours are between 7:00 p.m. and 8:00 p.m.

Lake BBQ

Enjoy a variety of seafood entrees, along with other wonderful trimmings, complete with a full bar, activities and live music. This BBQ is an option to dining in the Ranch or Sycamore Rooms. Meet the hay wagon in the parking area near the Barn at 6:00 p.m. If you are interested, please sign up in the dining room during breakfast or call ext. 7633 by 4:00 p.m.

Rodeo BBQ

Immediately following the Rodeo, enjoy a great Alisal BBQ. This BBQ is an option to dining in the Ranch or Sycamore Rooms. We will have a full bar along with live country music for your listening and dancing enjoyment along with other family entertainment. If you are interested, please sign up in the dining room during breakfast or call ext. 7633 by 4:00 p.m.

All-Ranch Poolside BBQ

Tonight is our weekly Poolside Barbeque. The Pool Bar is open at 4:30 p.m. with a full bar and a special summer BBQ wine list. All of our guests dine on the poolside lawn. Enjoy an evening of outstanding food, great music and good conversation.

Taste of the Valley

Join Kathleen Cochran, our General Manager, this evening for a sampling of some the region and states delightful wines.. We will have some delectable appetizers to enjoy while you relax and enjoy the company of friends and family. Please see the "Ranch Daily" for tonight's location.

Food & Beverage Service

Beverages and Entertainment

The Oak Room Lounge is open daily at 4:00 p.m. serving a full selection of cocktails, beer, wine, non-alcoholic beverages and cappuccino/ espresso. Starting at 5:00 p.m., complimentary hors d'oeuvres are served. Music is offered nightly beginning at 6:30 p.m. No children are permitted after 9:00 p.m. The Waggin' Tongue Lounge is open daily from 11:30 a.m. to 5:00 p.m. Prior to the Saturday Night BBQ, the Pool Bar opens at 4:30 p.m. offering a full bar.

Alcoholic Beverages

According to the California State Liquor Law, wine and alcoholic beverages which are not provided by or purchased from the Alisal may not be consumed in the dining room or other public areas. A selection of bottled spirits, wine and beer is available for delivery to your room through our General Store. A corkage fee of \$25 will be charged for alcoholic beverages served in the dining room or at a barbecue that are not purchased from the Alisal.

Special Requirements

Please call the Food & Beverage Department at ext. 7633 or ext. 7644 for assistance with dinner reservations, birthday and anniversary celebrations or special dietary requirements.

Fixin's & Provisions

Assorted snacks and beverages can be delivered to your room. Fill out the order form located in your room and take it to the dining room before 11:00 a.m. We will deliver the items you select to your room at the requested time and the corresponding charges will be applied to your room account.

Dinner Dress Code

When The Alisal opened in 1946, it was the custom to "dress" for dinner and we continue to honor that tradition. Sport coats are required for gentlemen 16 years and older (neckties are optional; ladies and children should dress accordingly. Although jeans are permitted, we ask that they be dressy, not frayed and without holes; please no shorts, t-shirts, or men's hats. Thank you for helping us keep dinnertime at Alisal Ranch the special occasion it has always been.

Food & Beverage Service

Wine Tours

Enjoy the fine wines and the breathtaking beauty of the Santa Ynez Valley wine country. A leisurely tour of our local wineries can be arranged from half-day to full-day tours. Tour and tasting room fees vary depending on the wineries. Please contact Stagecoach Wine Tours at (805) 686-8347 or (805) 455-8158 to arrange for a tour or contact Guest Services for assistance. A 24-hour notice is desirable.

Gift Baskets

A variety of gift baskets are available for purchase. For information or to place an order, call the Food & Beverage Department at ext. 7633 or ext.7644.



CHILDREN'S ACTIVITIES

Kiddie Korral

Fun-filled sessions for children ages 3-6 in the Laurel Room from 6:30 p.m. to 8:30 p.m. Activities include crafts, cooperative games, stories, playtime and more. Kiddie Korral is offered Sunday, Tuesday, Thursday and Friday. Dinner is included. Minimum age to participate is 3 years old and fully potty-trained - sorry no exceptions. Children must be able to use the bathroom by themselves. Please sign up with Guest Services. Children must be picked up promptly at 8:30 p.m. Cost: 1 child \$30, 2 or more children \$25 per child. Ages: 3-6.

Lil' Wrangler Club

These sessions will be available Tuesday, June 6 through Thursday, August 31. The Lil' Wrangler Club is a great way for kids to spend Tuesday and Thursday afternoons doing a variety of fun and educational activities under the supervision of our activity leaders. At the same time, parents can treat themselves to golf, horseback riding, a spa treatment, or any of the ranch's other activities. Kids enjoy theme days full of crafts, sports, games and more. Please sign up with Guest Services. We ask that an adult accompany child to the Laurel Room at check-in time and pick up child at 4:00 p.m. Minimum 2/maximum 10 children. Cost: 1 child \$30, 2 or more children \$25 per child. Ages: 3-9.

Nature Wonders & Science—Tuesday

Hiking, nature games and scavenger hunts! Create a craft from nature's offerings or a science project using fun tools.

Wacky Water Ways—Thursday

Spend the afternoon in your swimsuit as you play water balloon games and water-cup relay. Create a watercolor craft and make bubbles! Bring sunscreen and wear your swimsuits if they plan to participate in the fun water activities.

Children's Activities

Daily Outdoor Activities

Sunday	8:30 a.m.	Frisbee Golf
	10:30 a.m.	Relay Races/Tag
	11:30 a.m.	Dodge Ball
	2:00 p.m.	Face Painting
	3:00 p.m.	Water Cup Relay
Monday	8:30 a.m.	Frisbee Golf
	10:30 a.m.	Scavenger Hunt
	11:30 a.m.	Parachute Play
	2:00 p.m.	Water Balloon Toss
	3:00 p.m.	Penny Dive
Tuesday	9:30 a.m.	Chalk Art
	10:30 a.m.	Relay Races/Tag
	11:30 a.m.	Whiffle Ball
	2:00 p.m.	Face Painting
	3:00 p.m.	Penny Dive
Wednesday	8:30 a.m.	Frisbee Golf
	10:30 a.m.	Scavenger Hunt
	11:30 a.m.	Parachute Play
	2:00 p.m.	Water Cup Relay
	3:00 p.m.	Penny Dive
Thursday	9:30 a.m.	Chalk Art
	10:30 a.m.	Relay Races/Tag
	11:30 a.m.	Kick Ball
	2:00 p.m.	Face Painting
	3:00 p.m.	Water Balloon Toss
Friday	8:30 a.m.	Frisbee Golf
	10:30 a.m.	Scavenger Hunt
	11:30 a.m.	Relays Races/Tag
	2:00 p.m.	Water Cup Relay
	3:00 p.m.	Penny Dive
Saturday	9:30 a.m.	Chalk Art
	10:30 a.m.	Relay Race/Tag
	11:30 a.m.	Dodge Ball/Soccer
	2:00 p.m.	Face Painting
	3:00 p.m.	Water Balloon Toss

CHILDREN'S EVENING ACTIVITIES

“Sundae” Night at the Movies

Join us for an evening of your favorite games, eating pizza, making your own ice cream sundae and watching a movie. Meet on the grassy oval by the bridge. Please sign up with Guest Services. Minimum 10/maximum 25 kids. Ages: 6-12.

Nature Night at the Adobe

Experience the beauty of the nature around us. Explore Native American traditions, create Indian or nature crafts, go on a nature hunt, enjoy dinner at the Old Adobe and indulge in s'mores. Meet on the grassy oval by the bridge.

Please sign up with Guest Services. Minimum 10/maximum 25 kids. Ages: 6-12.

Pool Bash

Our Activities staff and lifeguards ensure safety and a good time for all. Play a variety of water games, eat a tasty dinner, play more games and have a blast at the Pool Bash. Remember to bring a change of clothes for Movies Under the Stars. Meet on the grassy oval by the bridge. Please sign up with Guest Services. Minimum 10/maximum 25 kids. Ages: 6-12.

TGINPF Lake Night and Cookout

(Thank Goodness It's No Parent's Friday) Enjoy an evening of fun at Alisal Lake. After you have dinner, play organized games plus indulge in s'mores on the lake deck. Meet on the grassy oval by the bridge. Please sign up with Guest Services. Minimum 10 /maximum 25 kids. Ages: 6-12.

FAMILY ACTIVITIES

Creative Beading

Choose from a variety of assorted beads to create your own jewelry creation. We supply the materials for you to be the jeweler. Meet on the upper deck by the Cottonwood Room. We ask that an adult accompany children under the age of eight. Cost: \$10 to start plus the cost of beads. Children under the age of 8 must be accompanied by an adult. All ages are welcome.

Candle Making

Make your own soy candle! Perfect for the beginner candle maker and fun for the whole family. We supply the materials for you and you supply the art. Meet on the upper deck by the Cottonwood Room. We ask that an adult accompany children under the age of eight. Cost: \$15 per candle. Children under the age of 8 must be accompanied by an adult. All ages are welcome.

Tie Dye Madness

Choose from a variety of vibrant colors for your creation. Meet on the sloped lawn outside of the Laurel Room. Children under the age of 8 must be accompanied by an adult. Cost: \$18 per shirt or \$12 if you bring your own. All ages are welcome.

Guided Nature Walk

If you are interested in learning more about the wildlife, birds, and the flora and fauna of our area, this walk is for you. Please sign up with Guest Services. Long pants, sturdy shoes, sun screen and bottled water are recommended. Children under the age of 12 must be accompanied by an adult. Meet at the lake shuttle pick-up area at 7:50 a.m. Ages: 7 and up.

Storyteller

Our Storyteller has shared the world of stories with audiences of all ages. With his lively style, his collection of personal stories, folktales, and songs catalyze the imaginations of young and old alike. All ages are welcome. Children under the age of 12 must be accompanied by an adult.

Family Activities

Family Bingo

Bingo tonight! All money from card sales is returned to our winners along with some special Alisal prizes. Cards are \$1 each. Come to the Cottonwood Room and try your luck. All ages are welcome. Children under the age of 12 must be accompanied by an adult.

How to Survive in the Wilderness

Get hands on experience and learn from our knowledgeable naturalist the key tips that can be used to help you live in a survival situation. This activity will be held in the Cottonwood Room. We welcome the entire family. Children under the age of 8 must be accompanied by an adult.

Musical Chairs/Country Dancing

Come to the Cottonwood Room for an evening of musical chairs, country dancing and more family fun. Yee-Haw! All ages are welcome.

Movie Under the Stars

Get together and enjoy an evening under the stars with your family while watching a movie on the poolside lawn. Remember to wear something comfortable and to bring a sweatshirt. Popcorn will be available at the poolside bar. Children under the age of 12 must be accompanied by an adult. All ages are welcome.

Karaoke/D.J.

Come over to the Cottonwood Room for an evening of music, singing, dancing, games and more family fun! All ages are welcome.

TEEN ACTIVITIES

Saddle to Paddle

New this year for teens only! What could be better than combining a horseback ride with a refreshing and exhilarating trip to the lake on a summer day? Join one of our friendly Wranglers for a trail ride around the lake, followed by a stop at the lake for paddle boarding or pedal boating and finishing up with mounting back on horseback for additional trail riding. A saddle bag will be provided for you to carry your belongings. This activity is for the Intermediate or Advanced rider. Please be at the Barn at 1:15 p.m. A permission form must be completed by a parent or guardian prior to the event. Please sign up at the Barn. Cost: \$125 per person. Maximum 6 teens. Ages: 13– 17

Teen Late Night Hang—Out

Teens only! Get together in the Laurel Room with your fellow teens and some of our best (and most fun) activity leaders to participate in some great activities or just kick back and relax. We have Wii and Netflix too! Please sign up with Guest Services. A permission form must be completed by a parent or guardian prior to the event. Maximum 15 teens. Ages: 13-17.

Teen Off-Property Movie

Attention all teens! Are you ready to break away from the family for an evening and hit the town? Join one of our friendly Activities Leaders for a trip to the local theater for a night at the movies. Meet at the Front Office and bring money for the movie and munchies. A permission form must be completed by a parent or guardian prior to the event. Please sign up with Guest Services. Maximum 7 teens. Ages: 13-17.

Teen Lake BBQ

Just for Teens! We will be going to the Lake for an evening of volleyball, horseshoes and other activities, in addition to a BBQ and s'mores. Please sign up with Guest Services. Meet at the Lake Shuttle pick-up at 6:00 p.m. A permission form must be completed by a parent or guardian prior to the event. Minimum 4/maximum 15 teens. Ages: 13-17.

Fitness Center

Teen Late Night at the Lake

Get your friends together and join other teens for a night of fun conversation while hanging out around the campfire at the lake indulging in s'mores and star gazing. Observe in awe the night sky's brightest and most fascinating objects. Please sign up with Guest Services. A permission form must be completed by a parent or guardian prior to the event. Minimum 3/ maximum 15 teens. Ages:13-17.

FITNESS CENTER

Cardio and Weight Equipment

Our Fitness Center & Spa features the following selection of cardio machines, circuit training equipment and free weights:

Cardio Equipment:

- 5 lbs. to 50 lbs. free weights
- seven-piece machine circuit
- additional resistance training equipment
- a full complement of cardio exercise equipment

Fitness Center Hours of Operation

Daily 6:00 a.m. to 6:00 p.m.

Please note: Fitness Center guests must be 16 years or older. Children 14-16 years may enjoy the facility if accompanied by a parent or adult.

Fitness Class Sign-ups and Cancellations

To sign up, please contact the Spa 24 hours in advance at ext. 7721 or (805) 686-7721. Drop-ins will be accommodated on a space-available basis. Private classes may be arranged, subject to the availability of the instructor; please contact the Spa 48 hours in advance.

SPA

Spa treatments range from soothing Swedish and Deep muscle massages and gentle cleansing facials to mud wraps and scrubs. Our team of professional massage therapists and estheticians customize treatments for your individual needs and preferences. **Please note:** Guest must be 12 years of older; guest younger than 18 years must be accompanied by a parent or adult. For more information, please contact the Spa desk at ext. 7721 or (805) 686-7721.

Hours: Daily, 9:00 am – 6:00 pm

Contact: 805.686.7721 (or ext. 7221)

Reservations:

Reservations are required. Please arrive 10 minutes before your appointment to pre-register; appointments cannot be extended due to late arrival.

Cancellation Policy

Individual reservations:

- If cancelled 24 hours in advance: No charge
- Less than 24 hours in advance: 50% of treatment scheduled
- No-shows: 100% of treatment scheduled

Parties of 6 or more:

- If cancelled 48 hours in advance: No charge
- Less than 48 hours in advance: 50% of treatment scheduled
- No-shows: 100% of treatment scheduled

**We encourage you to book your spa appointments in advance in order to ensure availability. Gratuity is not included in the price of treatments. Prices are subject to change.*

ROPES COURSE

High Challenge Course

This is a program for those who want to experience the thrill of being 10 to 40 feet off the ground. Come experience the High Challenge Course on Tuesday, Wednesday and Friday from 9:15 a.m. to 1:15 p.m. and test your ability to move through the air with the greatest of ease. Our experienced facilitators will provide you with the tools necessary for your journey. We encourage the entire family to participate —no experience is necessary. Trained staff will familiarize all participants with the belay and safety systems prior to going up on any of the elements. Ages 8 and up. Children under the age of 12 must be accompanied by an adult. Maximum 10 participants. Cost: \$75 per person. Meet at the lake shuttle pick up at 9:15 a.m. For more information, please contact Guest Services at ext. 7700 or (805) 686-7700.

Sign-ups and Cancellations

Reservations are made with Guest Services. Please notify us 24 hours in advance if you need to cancel. Unless we receive this advance notice of cancellation, you will be billed for the activity. For more information, please contact Guest Services at ext.7700 or (805) 686-7700.

GUIDED MOUNTAIN BIKING

Guided Mountain Biking

Experience mountain biking at the Alisal. From those picking up mountain biking as a new outdoor sport, to those breaking through barriers with years of experience, the Alisal has created trails for you to explore. Whether with a group or on your own, your guide will take you through our challenging yet extremely scenic routes.

Bikes, helmets and water bottles are provided or you may bring your own. Meet at the Front Office at the scheduled time ready to ride. For more information and to sign up, please contact Guest Services at ext. 7700 or (805) 686-7700. Advanced reservations suggested. Space is limited. Ages: 13 and up.

The Lake Loop trail is for the beginner/intermediate level and covers 5 miles of trails. This ride is one of the best ways to view nature at the Alisal. The tree covered trail along the lake will provide an opportunity to hear and see things others may not experience. Your guide will tell you about many points of interest—including the eagle's nest.

The Copass Ridge route is for the intermediate/advanced level and covers approximately 10 miles of trails. Although this ride has plenty of ups and downs and some very steep and technical sections, the views and the oak-dotted scenery make it a worthwhile venture for the adventuresome.

Meet at the Front Office ready to ride.

Cost: \$75 per person with bike rental.\$50 per person for each additional person in the same room. \$30 per person if you bring your own bike. Sign up at Guest Services. Space is limited to six. Ages: 13 and up.

Cancellation Policy

- If cancelled 24 hours in advance: No charge
- Less than 24 hours in advance: 100% of ride scheduled
- No-shows: 100% of ride scheduled

GUIDED ROAD BIKING

Guided Road Biking

Take in the beauty of the Santa Ynez Valley by bicycle. On your cycling journey, you will travel through quaint small towns, pass through beautiful oak-studded rolling hills and ride past numerous vineyards and scenic farms. Whether you are with a group or riding on your own, your guide can take you through any of a wide variety of challenging and scenic routes. Our rides are geared more towards the intermediate-to-advanced cyclist, someone who bikes on a regular basis.

Bikes, helmets and water bottles are provided to you or you may bring your own. Meet at the Front Office at the scheduled time ready to ride. For more information and to sign up, please contact Guest Services at ext. 7700 or call (805) 686-7700. Space is limited. Ages: 16 and up.

Ability Levels:

- Novice: Does not ride much or has not ridden in several years
- Intermediate: Rides semi-regularly, has reasonably good cycling fitness
- Advanced: Rides regularly and has good cycling fitness

The Ballard Canyon route is for the intermediate level riders and covers approximately 20 miles. Take in the beauty of this area while you cycle by apple farms, vineyards and a miniature horse ranch before arriving in the town of Los Olivos. This is the route that was featured in the Amgen Tour of California.

The Foxen Canyon route is for the intermediate level riders and covers 30-50 miles. This ride has numerous ups and downs along with some medium-length climbs including technical sections. The beautiful views and oak-studded hills make this a worthwhile venture for the more adventurous riders.

Cost: \$125 per person with bike rental. \$115 per person for each additional person in the same room. \$100 per person if you bring your own bike. For more information and to sign up, please contact Guest Services. Space is limited to six. Ages: 16 and up.

Cancellation Policy

- If cancelled 24 hours in advance: No charge
- Less than 24 hours in advance: 100% of ride scheduled
- No-shows: 100% of ride scheduled

LAKE

Alisal Lake is accessible only by the Lake Shuttle, which departs from the parking area near the Chuck Wagon Grill. The lake staff is on hand to assist you with fishing and boating needs and to insure safety at all times.

Lake Hours: Memorial Day - Labor Day 7:00 a.m. to 6:00 p.m. daily

Contact: Guest Service at ext. 7700 or call (805) 686-7700

Lake Shuttle Schedule: Departs hourly 7:00 a.m. to 4:00 p.m. daily

Please note: Children under the age of 12 must be accompanied by an adult.

Reservations Required

Guided fishing trips, Fly fishing lessons, Bass boat rentals, Archery and air rifle classes require advance reservations. All other watercraft available on a first-come basis.

Cancellation Policy

If cancelled 24 hours in advance: No charge. Less than 24 hours in advance: 100% of activity scheduled No-shows: 100% of activity scheduled.

**Misuse or abuse of Alisal equipment could result in a charge.*

Boat Rental *No outside boats or boards are allowed.*

Bass Boat Pro 175

(maximum 4 people; reservation required)

\$125; up to 4 hours \$175; up to 8 hours

Bass Boat Pro 160

(maximum 3 people; reservation required)

\$115; up to 4 hours \$165; up to 8 hours

Aluminum Boat: \$50; up to 4 hours \$70; up to 8 hours

Stand-Up Paddle Board : \$30 per day

Pedal Boat: \$30 per day

Canoe: \$30 per day

Kayak: \$30 per day

FISHING

Fishing

Alisal Lake is a great place to try your hand at fishing for largemouth bass and bluegill, with a wide variety of fishing gear and traditional tackle available for rent. Alisal Lake is catch-and-release only; a California fishing license is not required. Fishing is allowed from electric motor boats or from the dock. All other boats are for recreation only.

Guided Fishing Trips

Learn more about Alisal Lake's unique fish habitat with an experienced guide to help track bass using traditional spinning tackle or fly tackle. Beginner anglers will learn to tie knots, cast, choose tackle, as well as be instructed in fish identification, handling, and the proper release method. Reservations required; fees subject to change.

Fly Fishing Lessons

If you want to learn to fly fish or fly cast, or improve your present skills, fly fishing lessons include instruction on and off the water. Reservations required; fees subject to change.

Fly Fishing Trip/Lesson (maximum 3 people) 8:00 – 11:00 am or 12:00 – 3:00 pm

1 – 2 people: \$250 Additional person: \$50

Spin Fishing Trip (maximum 4 people) 8:00 – 11:00 am or 12:00 – 3:00 pm
1 – 2 people: \$250 Each additional person: \$50

Equipment Rental (fees subject to change)

Fishing rod: \$25 per day

Fly rod and one fly: \$30 per day

Live bait: One box complimentary with rod rental; \$5 for each additional box. Guests are welcome to bring their own rod; a \$15 charge will apply.

AIR RIFLE & ARCHERY

Air Rifles

Enjoy a fully supervised air rifle class with our skilled instructors who will demonstrate the fun, safe way to properly handle, sight and shoot. The course includes paper targets and silhouette targets. Long pants, sturdy shoes and bottled water are recommended. Cost: \$45 per person. Children under the age of 12 must be accompanied by an adult. Ages: 8 and up.

Archery

With the help of our archery instructors, you will learn the proper technique to help you be successful. The range includes paper targets and foam animals located at three different distances. Long pants, sturdy shoes and bottled water are recommended. Cost: \$45 per person. Children under the age of 12 must be accompanied by an adult. Ages: 8 and up.

GOLF—RANCH COURSE

Hours: Daily, 7:30 am – 5:00 pm (summer until 6:00 pm)

Contact: Ranch Golf Course Pro Shop: 805.688.4215

Tee Times: Guests may reserve tee times up to one year in advance.

Cancellation Policy: To cancel a tee time or change the number of players, please contact the Pro Shop 24 hours in advance of start time, 805.688.4215.

Dress Code: Appropriate golf attire required; shirts must have collars, and blue jeans are not permitted.

Greens Fee (includes electric carts and range balls)

- 18 holes:
- \$140 adults; \$50 juniors (17 and younger)
- 9 holes: \$70 adults; \$25 juniors
- Twilight (after 2 pm, summer only):
- \$95 adults; \$25 juniors

Rental Clubs: Top-of-the-line clubs (adult only) are available:

- 18 holes: \$50 - 9 holes: \$25

Driving Range: Daily, 7:30 am – 6:00 pm

Putting Green: Daily, 7:30 am – dusk; appropriate golf attire required.

Pro Shop: A full-service Pro Shop, offering top quality men's and women's golf equipment and apparel, is open daily.

Lessons: PGA professionals offer expert private and group instruction for golfers of all ages and abilities. All instructional sessions include practice balls; loaner clubs are also available. Reservations required, 805.688.4215.

Golf Club Storage:

Guests' golf clubs can be cleaned and stored daily, free of charge.

Dining and Cocktails:

Ranch Grill: Daily, 8:00 am – 3:00 pm

Ranch Lounge: Daily, 11:00 am – 6:00 pm

RIVER GOLF COURSE

Hours: Daily, 7:00 am – 5:00 pm (summer until 6:00 pm)

Contact: River Golf Course Pro Shop: 805.688.6042

Tee Times: Guests may reserve tee times up to one year in advance.

Cancellation Policy

To cancel a tee time or change the number of players, please contact the Pro Shop 24 hours in advance of start time, 805.688.6042.

Dress Code: Appropriate golf attire required; shirts must have collars.

Greens Fee

- Weekdays: \$60
- Seniors (55 years and older): \$45 Juniors (7 – 17 years): \$39
- Twilight (after 2:00 pm): \$45
- Weekends and Holidays: \$72
- Juniors (7 – 17 years): \$39
- Twilight (after 2:00 pm): \$45

Electric Carts: 18 holes: \$16 per person; single rider: \$22
9 holes: \$8 per person; single rider: \$13

Rental Clubs: Top-of-the-line clubs (adult only) are available:
- 18 holes: \$40 - 9 holes: \$20

Driving Range: Daily 7:00 am – dusk

Putting Green: Daily 7:00 am– dusk

Pro Shop: A full-service Pro Shop, offering top quality men's and women's golf equipment and apparel, is open daily, 7:00 am – 6:00 pm.

Lessons: PGA professionals offer expert private and group instruction for golfers of all ages and abilities. All instructional sessions include practice balls; loaner clubs are available. Reservations required, 805.688.4215.

Dining and Cocktails:

River Grill: Daily, 7:00 am – 3:00 pm

Sunday Brunch: 9:00 am – 3:00 pm

River Lounge: Daily, 3:00 – 5:00 pm

TENNIS

Nestled among sycamore trees and a meandering creek, our six regulation-size tennis courts provide players of all skill levels a beautiful setting in which to serve and volley. **Please note:** Children younger than 10 years must be accompanied by a parent or adult.

Court Hours: Daily, 8:30 am – 5:00 pm (summer until 6:00 pm)

Contact: Pro Shop: 805.686.7647 (or ext. 7647)

Court Reservations

Reservations recommended; contact the Pro Shop to reserve a court. We ask that guests arrive 10 minutes prior to the scheduled court time. Reservations will be held for 10 minutes past the scheduled time, after which the court will be released for open play.

Cancellation Policy

If cancelled 2 hours in advance: No charge

Less than 2 hours in advance: 50% of court fee. No-shows: 100% of court fee

Dress Code

Proper tennis attire is required. No black-soled shoes permitted.

Fees (subject to change)

- Courts: \$25 per hour
- Racquet Rental : Adult—\$15 per day Children—\$5 per day
- Ball Machine: \$20 per hour
- Pickleball: Racquet and ball rental \$5– per day

Pro Shop:

Our full-service Pro Shop features top quality tennis equipment & apparel. Daily, 8:30 am – 12:30 pm & 1:30 – 5:30 pm

Tennis Lessons: Private: Reservations required. Please note: Cancellations require 24-hour notice or the full fee will be charged.

Summer: Group and children's lessons available.

Tennis Pro

Provides individual or group lessons, or matches players with other guests for practice or competition. Tournaments can also be arranged.

Tennis & Pool

Group Tennis Lessons

Please sign up at the Tennis Pro Shop by 5:00 p.m. the day before the lesson. Minimum 2/maximum 8 participants per class.

<u>Level</u>	<u>Times</u>	<u>Days</u>	<u>Fee</u>
Pee Wee (6-9 yrs.)	4:00-4:30 p.m.	T TH	\$12/person
Youth Beg. (10-14 yrs.)	4:00-5:00 p.m.	TT H	\$12/person
Adult	4:00-5:30 p.m.	M	\$20/person
Adult	10:30-11:00 a.m.	W	\$20/person

Class Descriptions

Pee Wee: This program introduces children 6-9 years old to the lifetime sport of tennis.

Youth Beginners: Learn the fundamentals of the game in a fun and challenging atmosphere with other 10-14 year-old children.

Adult Classes: Each class is dedicated to improving your tennis skills, adding a new stroke and improving your strategy.

POOL

Pool Hours: Pool hours are from 7:00 a.m. to 10:00 p.m. In consideration of other guests, we ask that swimming before 9:00 a.m. be limited to lap swimming or quiet recreational swimming.

Lifeguards: Lifeguards are on duty from 10:00 a.m. to 6:00 p.m. daily from mid-June to Labor Day. The lifeguards are on duty during high-use pool hours to insure the safest conditions possible. Children under the age of 14 should always be accompanied by an adult. For your convenience, the Alisal provides Little Swimmer's swim pants free of charge for those who need them. Please contact a lifeguard for assistance.

Adult Swim: These swimming breaks are scheduled daily at 12:00 p.m., 2:00 p.m., and 4:00 p.m. to allow for adult swim only. Please contact the lifeguard for more information.

BARN

Enjoy horseback riding throughout our beautiful 10,000 acre property. Ride through oak woodlands and across scenic meadows. Explore rugged hill country and winding canyons.

Barn Hours

Monday, Wednesday, Friday, and Sunday 7:30 – 11:30 am & 12:30 – 4:00 pm

Tuesday, Thursday, and Saturday 6:00 – 11:30 am & 12:30 – 4:00 pm

Contact

805.686.7630 (or ext. 7630) Please call during barn hours listed above.

Ride Reservations

Recommended at least one hour in advance of trail rides; 24 hours in advance of breakfast rides. A wrangler will be in the dining room the night before our scheduled Breakfast Rides to assist with riding questions. As a courtesy to other riders and to allow for the most amount of riding time, please arrive at the Barn 15 minutes before the start of rides.

Cancellation Policy

If cancelled 24 hours in advance: No charge

Less than 24 hours in advance: 100% of ride scheduled

No-shows: 100% of ride scheduled

Novice - This scenic walking ride accommodates novice riders who desire a slower ride. It is suitable to persons who have never been on a horse or those who ride only occasionally, but do not have experience riding at a trot or lope (canter).

Intermediate - This ride requires riding proficiency at a walk and trot.

Advanced - For guests 12 years and older, according to the rider's proficiency. This ride involves short lopes, which may require steering around obstacles; it may also involve rough terrain, including steep hills. Advanced riders must be at least 12 years and have a solid seat and quiet hands, able to control a spirited horse and experienced at all paces. When making reservations, please advise staff of rider's proficiency so an appropriate mount can be chosen.

Horseback Riding

**If a rider rides only on vacations, we would appreciate being informed of that when signing up so that we may pick the appropriate mount. The wranglers have full authority to exclude a rider from a ride for inability to ride or behavior which endangers other riders or horses.*

Rates

Group Rides:	\$90/ 1½ - 2 hours
Lessons:	\$70/ 1 hour
Breakfast Rides:	\$90/ 1½ - 2 hours
Kids' Instructional Trail Ride:	\$65/ 1 hour
MWF from 7:45 to 8:45 a.m., Ages: 7-12	
Kids' Corral Lessons:	\$45/ 30 minutes
MWF at 10:00, and 10:30 a.m., Ages: 4-6	

As a courtesy to other riders and to get the most riding time, please arrive at the Barn 15 minutes prior to the scheduled ride time.

Group Trail Rides

9:30 a.m. and 2:00 p.m. (please be at the Barn by 9:15 a.m. and 1:45 p.m. respectively). The rides are 1½ to 2 hours in duration.

Evening Group Trail Rides

Enjoy an evening ride on Tuesdays, Thursdays and Saturday from 5:00 p.m. to 7:00 p.m. You will likely see wildlife you wouldn't see at other times of the day. Space is limited to 15 riders. Please sign up by 12:00 noon. Cost: \$90 per person.

Trail Safety

Horses are assigned based on riders' height, weight, riding ability, and experience. For everyone's safety and enjoyment, it is imperative that a rider not overestimate his or her riding ability or experience.

To ensure the safety and enjoyment of all riders, group trail rides are supervised by experienced wranglers. Wranglers have full authority to exclude a participant if a rider's ability is not suited to the horse or the trail, or if the rider engages in behavior that endangers other riders or horses.

Complimentary riding helmets are available.

Horseback Riding

Group Breakfast Horseback/Hay Wagon Rides

Designed for riders at every level, the breakfast ride includes a bountiful ranch-style buffet breakfast at the historic Adobe Campsite (accessible only by horse or hay wagon), complete with campfire, fireside singalongs, cowboy poet, and the best buttermilk pancakes you'll ever taste. Breakfast rides are available Tuesday, Thursday, and Saturday.

The horseback ride to the Adobe takes 45 – 60 minutes. Those of you who have pre-registered for horses should be at the Barn at the following times:

- Novice riders: 7:30 am
- Intermediate riders: 7:45 am
- Advanced riders: 8:00 am

Or guests can hop aboard the hay wagon for a 15-minute scenic trip, which departs from the parking lot near the corrals at 8:45 am.

Private Lessons

Lessons are by appointment only and are subject to the availability of the wranglers. One-hour private riding lessons are offered on the trail and are available between 12:30-1:30 p.m. Lessons are recommended for infrequent riders who wish to join a higher level group ride and for those who want to assess their riding ability in a safe setting. Lessons may be scheduled at the Barn or by calling ext. 7630 between 8:00-11:30 a.m. and 12:30-3:00 p.m.

Kid's Instructional Trail Ride

Kid's instructional rides are offered Monday, Wednesday and Friday from 7:45-8:45 a.m. They are ideal for kids who aren't quite ready to tackle the two-hour group rides or who want to assess their ability in a safe setting. Please sign up at the Barn or call at ext. 7630 before 4:00 p.m. Please arrive at the Barn by 7:30 a.m. Cost: \$60 per person. Ages: 7-12.

Appropriate Apparel

Long pants, preferably jeans; cowboy boots, English riding boots, or other hard-slick soled heeled shoes. No slip-on shoes, sandals or heavy tread hiking boots. All hats worn must be securely fastened; a stampede string is recommended.

Horseback Riding

Saddle to Paddle

New this year for teens only! What could be better than combining a horseback ride with a refreshing and exhilarating trip to the lake on a summer day? Join one of our friendly Wranglers for a trail ride around the lake, followed by a stop at the lake for paddle boarding or pedal boating and finishing up with mounting back on horseback for additional trail riding. A saddle bag will be provided for you to carry your belongings. This activity is for the Intermediate or Advanced rider. Please be at the Barn at 1:15 p.m. A permission form must be completed by a parent or guardian prior to the event. Please sign up at the Barn.

Cost: \$125 per person. Maximum 6 teens. Ages: 13– 17

Alisal Round Up Experience*

Round ups are a time for lots of activities and work at the ranch. Out in the West you can get a real inside view of the day to day ranch work. Gathering of cattle on the ranges in order to brand and ear-mark the calves, wean, sort for ownership and cut out those wanted for shipment to market. On a round up be prepared to put in long hours, break a sweat here and there and feel real good about yourself at the end of your stay. This activity is for the Advanced rider. Please sign up at the Barn. *Alisal Round Up Experience starts in July 2017

Cost: \$150 per person. Minimum 6/Maximum 10. Ages: 12 and older

Alisal Rodeo

Join us for a Country Fair and Rodeo extravaganza on Wednesdays at 5:00 p.m. The Alisal wranglers demonstrate rodeo events starting at 5:30 p.m. including team roping, barrel racing, and quick draw. We offer a lesson from 12:30 -1:30 p.m. on rodeo day for those adults who wish to participate in the team sorting competition. Space is limited. Please contact the Barn at ext. 7630 for more information and to sign up.

Daily Recreation Schedule

Kid's Corral Riding Lessons

The kids' riding lessons are given in the corral on Monday, Wednesday and Friday at 10:00 a.m. and 10:30 a.m. Please sign up at the Barn or by calling ext. 7630 between 7:30-11:30 a.m. and 12:30-4:00 p.m. Maximum of 4 children per lesson. Cost: \$45 per person. Ages: 4-6.

Lead Around Horseback Rides

Lead-around horse rides are available on Tuesday, Thursday, Saturday and Sunday between 10:00 a.m.—11:30 a.m. and 12:30—2:00 p.m. Monday, Wednesday and Friday between 11:30 a.m. and 2:00 p.m. Parents lead small children on horseback around the corral.

Critter Cart

Come out and enjoy a hands-on experience with little exotic animals. We meet on the benches at the front entrance to the Barn starting at 10:30 a.m. on Tuesday and Saturday. This is a favorite Alisal photo opportunity.

Barnyard

Our Barnyard is open from 10:00 a.m. to 4:00 p.m. daily (closed 11:30 a.m. to 12:30 p.m.). We invite you to come by and meet all the little critters and see what special things we have planned for the day. Egg gathering takes place at 1:30 p.m. daily. Other Barnyard activities include grooming and chicken feeding. We ask that an adult accompany children during their visit to the Barnyard. All ages are welcome.

Notes



Notes



