

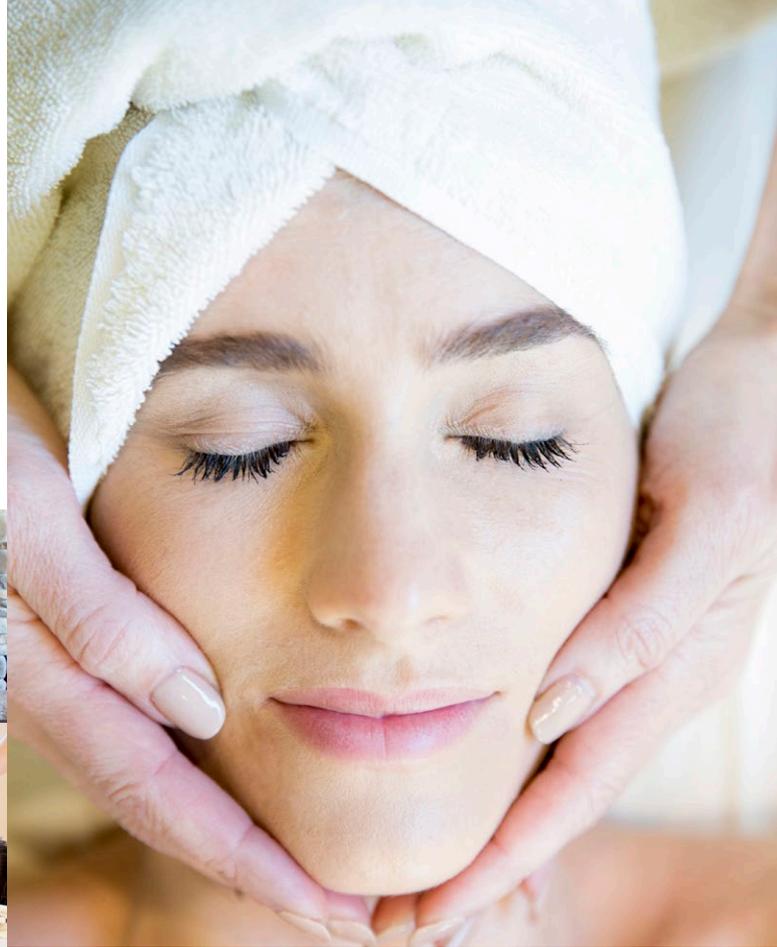
SA SPA AT THE ALISAL



REJUVENATE BODY,
MIND AND SPIRIT

SA SPA AT THE ALISAL

From soothing Swedish or deep muscle massages and gentle cleansing facials to mud wraps and scrubs, our team of professional massage therapists and estheticians will gladly help remove the weight of the world off your shoulders.



MASSAGE

Swedish

A full body massage with long gliding strokes. Decreases muscle toxins, improves circulation and flexibility while easing tension.

60 /90 min.

Therapeutic

A restorative full body massage that integrates several massage techniques of light to medium pressure to embrace your specific needs by easing muscle tension.

60 min.

Deep Muscle

Designed to target one or two areas, with a focused approach to assist in the relief of severe tension in muscles and connective tissue. This full body massage is the perfect choice for athletes or those who receive body work on a regular basis.

60 min.

Aroma

Select an intention from an essential oil to craft your aromatherapy journey. Our special blends work to restore balance not only to your body, but bring balance and harmony to your state of being.

60 min.

Maternity*

Focused entirely on your personal needs, a gentle yet effective body massage safely targets areas prone to stress and tension during pregnancy, plus alleviate muscular aches and pains.

**Please note that deep work is not administered during this massage and that you must be past your first trimester. Heat treatments, reflexology, wraps and scrubs are not advised for mothers-to-be.*

60 min.



BODY TREATMENTS

Therapeutic Hair and Scalp Massage

The Oil, along with cranial holds and scalp massage, promotes increased circulation to the scalp and hair follicles.

45 min.

The Cowboy Cure

We combine exfoliation, application of detoxifying mud with natural botanicals and massage to restore balance to the back and renewed well-being to the body.

60 min.

Hand and Foot Revitalization

This unique treatment uses massage and hydration techniques to bring balance to the entire body through the hands and feet. Pampering is complete with the hand and foot exfoliation, masque and hydration treatments.

45 min.

Hot Stone Treatment

The heat from the stones warms the muscles and calms the nervous system, resulting in improved circulation. This heated stone full body massage is completed with a rejuvenating sugar foot scrub.

75 min.

Lalicious Re-Freshology

A perfect mixology of pampering spa treatments that re-invigorate the senses. Your choice of an intoxicating Lalicious scent is blended with an invigorating Sugar Scrub to wrap the legs and feet, followed by a soothing Body Butter massage on the arms, neck and shoulders. Layered with a warm and luxurious scalp treatment using The Oil and topped off with a restorative cool marble stone face massage. Choose from one of our delicious flavors.

30/60 min.

Sticks and Stones

Rhythmical strokes performed with warm bamboo sticks will stimulate the blood flow while releasing tension throughout the body. Moderate to deep pressure techniques are used. Heated smooth, flat stones are used to massage areas of the body.

Our therapists recommend this service for athletes of all ages.

75 min.

Trail Blazer

A full body exfoliation with vibrant aromas of our ginger-lime scrub to improve skin tone and texture will leave your skin incredibly soft and glowing. After a refreshing rinse, enjoy a massage; focusing on relieving tension and stress from your neck, back and shoulders.

90 min.

Alisal's Nojoqui Mud Wrap

This nourishing body treatment begins with a dry brush exfoliation followed by an application of lively peppermint-scented French green clay detox mask that helps draw out impurities while feeding the skin. While you are lightly wrapped, enjoy a scalp, face, neck and foot massage. After a refreshing rinse indulge in a full body massage.

90 min.

Steam and Shower

20 min.

TEEN TIME

Clarifying Teen Facial

Effectively targeting blemishes, impurities with natural and powerful botanicals. Beginning with deep cleansing and exfoliation, as well as extractions. Ending with a soothing mask and serum to leave the teen with glowing healthy skin.

60 min.

Deep Cleanse Facial

Designed to address the benefits of proper skin care for teen skin issues. Includes cleaning, exfoliations, facial massage and mask.

60 min.

Lalicious Re-Freshology

Please see the description under Body Treatments.

30/60 min.

Teen Massage

A Swedish style massage stretches the ligaments, relieves tension and soothes tired growing, active muscles.

60 min.

Teen Lip and Eyebrow Waxing



FACIALS

Organic Classic Luxury Facial

Natural fruit acids, derived from bilberry, sugar cane and sugar maple, help rapidly exfoliate dead skin cells for immediate improvement in skin clarity and texture. Organic grape stem cells, kombucha, spirulina, seaweed, and tea extracts nourish, tone, soothe, improve skin tone, and combat the visible signs of aging skin.

60 min.

Classic Luxury Facial

Instantly refine, smooth, purify, and boost your complexion with this tailored facial. Featuring naturally advanced products and facial massage, it reveals exceptional results whatever your skincare concern. Excludes extractions.

60 min.

Rejuvenating Facial

This treatment includes a natural fruit acid peel to rapidly exfoliate dead skin cells and improve skins tone and texture. Enjoy a deep cleanse, exfoliation, extractions and a targeted masque leaving skin looking healthier, brighter and rejuvenated.

75 min.

Alisal's Age Defying Facial

This facial utilizes highly effective products, combined natural botanicals and powerful antioxidants to improve the texture and appearance of the skin as well as firm, tone, nourish and boost cellular renewal to improve visible signs of aging. This treatment will give you the moisturized complexion you are seeking. Safe for all skin types.

75 min.

Guinot Hydradermie Lift

Hydradermie Lift was created to lift and firm the skin through muscle stimulation. Hydradermie Lift stimulates the small muscles of the face for a more radiant, firmer appearance to the skin. In less than one hour this treatment revitalizes and promotes oxygenation in the skin.

50 min.

Guinot Eye Logic Treatment

Eye Logic is a contouring treatment that targets the very delicate eye area. Specific products for puffiness, dark circles, fine lines and wrinkles are penetrated into the skin with the use of the Hydradermie Double Ionization device. The treatment ends with an exclusive Guinot patented eye mask to ensure full contact with the skin.

40 min.

Guinot Hydradermie Double Ionization

Hydradermie is an exclusive Guinot beauty treatment for the face that is suitable for all skin types. This multifaceted treatment delivers deep cleansing, purification, oxygenation, and maximum hydration. Personalized gels are chosen to suit your specific skin needs that will penetrate through our mild ionized current to regain your skins natural radiance. In addition, the eye and neck areas are treated with firming and hydrating gels to smooth away the signs of aging and restore a healthy glow.

50 min.

Gentlemen's Facial

This men's facial is a vitamin C-infused treatment that delivers rapid results beneficial for all skin types. Great for shaving irritation, this treatment helps brighten, soothe, hydrate and clarify the skin. Includes a hand and foot treatment.

For best results, please refrain from shaving 5 hours prior to this service.

60 min.

WAXING TREATMENTS

Waxing leaves skin silky smooth and hair free for a considerably longer period of time, making waxing the longest lasting temporary hair removal solution. There are many types of waxing suitable for removing unwanted hair.

Lip and Eyebrows

Lip
Chin
Eyebrows
Underarms
Full Arm

Half Arm

Bikini
Half Leg
Full Leg
Chest, Back or
Shoulders

Waxing Recommendations:

- Waxing is not recommended for clients who are taking Accutane or using Retin-A or any AHA glycolic acid product, along with other acne treatment medications. These products compromise your skin for waxing.
- Hair growth at 1/4" long at least.
- Avoid tanning (sun or machine) before or immediately after waxing.
- Avoid abrasive cleaners, deodorants (underarm wax), or lotion on day of waxing.



GENERAL INFORMATION

Hours of Operation

Spa: Daily 9:00 a.m. – 6:00 p.m

Reservations – (805) 686-7721

Appointments can be made at the Spa during business hours or by calling. **Advance reservations are recommended.** We ask that you arrive 10 minutes prior to your appointment so we may gather any necessary pre-appointment information.

Cancellation and No-Show Policy

To avoid charges, please honor our 24-hour advance cancellation policy. For parties of six or more, please notify us 48 hours in advance. A less than 24 hours cancellation notice or 48 hours for parties of six or more will be charged 50% of service price. Failure to show for your appointment will result in a charge of 100% of service price.

Appointments cannot be extended due to late arrivals.

Gratuities

Gratuities are not included in the price of spa treatments or gift cards.

Age Requirements

- Guests under 18 years of age must have a parent or guardian on site at the Spa during treatment.
- Guests 12-14 years of age are eligible only for Deep Cleanse Facial and Licious Re-Freshology.
- Guests 15-18 years of age are eligible to receive any of our spa treatments, except Guinot.

Mothers-To-Be

Please see Maternity Massage description for guidelines.

Spa Attire

We recommend dressing comfortable for your visit to the spa. Valuable items should be left in your guest room. We cannot be responsible for loss or damage of personal belongings.

Health Considerations

Please inform us of any medical conditions or special needs prior to your treatment. If you are pregnant or have high blood pressure, avoid any heat treatments. Skin care procedures have specific contraindications related to pregnancy and prescription drugs.



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